

INCREASE IN MENTAL ILLNESS

When the charity SWOP was set up in 1989, the figures for mental illness in the UK were that one in fourteen males and one in seven females would experience a mental illness during the course of their lives.

In 2010, studies show that ONE IN FOUR PEOPLE WILL HAVE A MENTAL HEALTH PROBLEM IN ANY YEAR. Some surveys say the figure is one in three.

WHAT IS THE REASON FOR THIS INCREASE?

Mental illness is very often triggered by STRESS AND PRESSURE, the chief characteristic of the modern world. The sense of competitiveness, the need to 'succeed', the emphasis on the individual rather than the community, all contribute to an inability to cope.

THIS IS WHY WE BELIEVE THERE SHOULD BE A PROJECT LIKE CHERRY TREE IN EVERY AREA.